

THE ROSEWOOD RUN 5K

Kids
Welcome!!



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to benefit ROSEWOOD ELEMENTARY PTO

Date/Time: March 24, 8:00AM-KIDS/8:30-5K Place: Memorial Stadium, 1000 S. Holly

Kids Fun Run: 1 mile loop around park, awards for all! Entry is only \$5! Register at the race or return this form signed by parent and \$5 to Rosewood Elementary.

Course: Twist and roll through Rosewood on this challenging course that features a few good hills, and nice tree lined neighborhoods. Moderately hilly, but still fast.

Fees: Entry for the 5K run/walk is \$26 with t-shirt, late registration (after March 14) is \$31. (t-shirt guaranteed only to first 200 entrants)

Extras: Coffee, breakfast, snacks, t-shirts, and other merchandise will be available pre-race and during our post-race party.

Registration: Register online at www.strictlyrunning.com or by mailing the completed registration form along with check or money order made payable to: Rosewood Elementary PTO, to Strictly Running 736 Harden St. Columbia, SC 29025

For further information, or to volunteer, sponsor, or generally help out, please email race director Jeff Corbett @ sgtwelve@gmail.com

Name_____ Male_____ Female_____ Age_____

Address_____ City_____ State_____

Zip_____ Phone_____ Emergency Contact_____

T-Shirt Size: S M L XL Adult Youth

Athlete's Release

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat or humidity, traffic and the condition of the road, and such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone acting on my behalf, waive and release Rosewood Elementary School, Rosewood Elementary PTO, Richland School District One, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Participants Signature/Date _____

Parent Signature (if under 18) _____